



Find out which membership is right for you.

Since your physical and mental health is important to us, we have entered into a partnership that allows you to take advantage of exclusive discounts at Énergie Cardio gyms in Quebec.



The Essential Membership
Annual discount of \$31



Balanced Corporate Membership
Annual discount of \$43



Determined Corporate Membership
Annual discount of \$145

Steps to take advantage of the discount ↓

- 1 Go to the Énergie Cardio gym of your choice.
- 2 Mention Major Group and submit proof of coverage.
- 3 Enjoy your subscription!

For the Essential Membership, you have the option to sign up online using the promo code Fit30. Make your subscription right here:

energiecardio.com/en/memberships